



2024-2025 RETURNING ATHLETE Level Up Practice Schedule

Beginning 4/22/24 - ALL TEAM (except PLATINUM) athletes will continue to attend their current TEAM practice times. You may ALSO attend the level of the team you are wanting to try out for next season. If there is a conflict in practice times, you still need to attend your current TEAM practice time first. You may begin attending PLATINUM practices Sunday, 5/5/24

PLATINUM Elite Level 6	Sun 5/5/24 12pm-3pm	Mon 5/6/24 6pm-9pm				
INTENSITY Elite Level 4 (6/1/05-2012)	Wed 4/24/24 5:30pm-7:30pm	Sun 4/28/24 3pm-6pm	Wed 5/1/24 5:30pm-7:30pm	Sun 5/5/24 3pm-6pm	Wed 5/8/24 5:30pm-7:30pm	
SLATE Elite Level 3 (2009-2016)	Wed 4/24/24 7:30pm-9:30pm	Sun 4/28/24 1pm-4pm	Wed 5/1/24 7:30pm-9:30pm	Sun 5/5/24 1pm-4pm		
STEEL Elite Level 2 (2009-2016)	Thur 4/25/24 5pm-7pm	Sun 4/28/24 5pm-8pm	Thur 5/2/24 5pm-7pm	Sun 5/5/24 5pm-8pm	Thur 5/9/24 5pm-7pm	
SILVER Elite Level 2 (2012-2017)	Tue 4/23/24 5pm-7pm	Sun 4/28/24 11am - 2pm	Tues 4/30/24 5pm-7pm	Sun 5/5/24 11am-2pm	Tues 5/7/24 5pm-7pm	
DIAMONDS Elite Level 1 (2009-2016)	Tue 4/23/24 5pm-8pm	Sun 4/28/24 3pm-5pm	Tues 4/30/24 5pm-8pm	Sun 5/5/24 3pm-5pm	Tues 5/7/24 5pm-8pm	
SHINE Prep Level 1 (2017-2019)	Mon 4/22/24 5pm-6pm	Wed 4/24/24 5pm-6pm	Mon 4/29/24 5pm-6pm	Wed 5/1/24 5pm-6pm	Mon 5/6/24 5pm-6pm	Wed 5/8/24 5pm-6pm
FIERCE Prep Level 1 (2015-2018)	Mon 4/22/24 6pm-7:30pm	Wed 4/24/24 6pm-7:30pm	Mon 4/29/24 6pm-7:30pm	Wed 5/1/24 6pm-7:30pm	Mon 5/6/24 6pm-7:30pm	Wed 5/8/24 6pm-7:30pm
ONYX Level 1 (2009-2016)	Mon 4/22/24 6pm-7:30pm	Thur 4/25/24 7pm-8:30pm	Mon 4/29/24 6pm-7:30pm	Thur 5/2/24 7pm-8:30pm	Mon 5/6/24 6pm-7:30pm	Thur 5/9/24 7pm-8:30pm
RUBIES Level 2 (2012-2017)	Mon 4/22/24 4:30pm-6pm	Thur 4/25/24 6pm-7:30pm	Mon 4/29/24 4:30pm-6pm	Thur 5/2/24 6pm-7:30pm	Mon 5/6/24 4:30pm-6pm	Thur 5/9/24 6pm-7:30pm



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If you plan to be an athlete in our 2024-2025 season, you **MUST** enroll in a team placement clinic.

The **first 30 minutes** of the below noted team placement schedule is a **MANDATORY** Parent & Athlete meeting. Please enroll in the TEAM PLACEMENT in which you would like to be placed. You choose if you would like to be considered for ELITE or PREP, then choose the appropriate level.

If you are unable to attend the below team placement clinic, a limited number of private team placements can be scheduled by sending an email to kcac@kcaccheer.com to set this up. The cost is \$50

RETURNING ALL STAR ATHLETES - TEAM PLACEMENT CLINIC

Tuesday 5/14/24	Wednesday 5/15/24	Thursday 5/16/24
5pm-7pm: Elite Level 4 \$25	5pm-7pm: Elite Level 3 \$25	4:30pm-6pm: Novice/Prep Level 1 Ages 4-9 Prep Level 2- Ages 7+ \$25
7pm-9pm: Elite Level 5/6 \$25	7pm-9pm: Elite Level 2 \$25	6pm-7:30pm: Prep - Ages 10 + Level 1 \$25
		7:30pm-9pm: Elite Level 1 \$25

- You will be notified via email on 5/17/24 with your team placement.
- Team practices will begin the following week beginning 5/19/24
- KCAC will be closed 5/25/24 - 5/27/24 for Memorial Day Weekend
- Summer practices begin 6/3/24
- June 14/15/16 Skillz Camp - **Mandatory**
- July 1-5 CLOSED for Summer Break
- July 22/23 Elite teams Stunt Choreography - **Mandatory**
- August 9/10 Choreography - Prep teams - **Mandatory**
- Fall practices begin 8/11/24
- August 11/12 Routine Choreography - Elite teams Levels 1&2 - **Mandatory**
- August 16/17 Routine Choreography - Elite teams Levels 3&4 - **Mandatory**
- August 18/19 Routine Choreography - Elite teams Levels 5&6 - **Mandatory**